



TEEN BEACH NIGHT PERMISSION SLIP

Friday, August 4, 7-10PM

Name: _____ Age: _____

My child has my permission to participate in Teen Beach Night at UGL Beach on Friday, August 4th from 7pm to 10pm. I am aware the water will be open for swimming 7-8pm with a lifeguard on duty. Adult chaperones will be present.

Adult/Emergency Contact:

Parent/Guardian Name: _____ Phone: _____

Any allergies/special conditions staff should be aware of:

UGL Beach Rules: FULL DOCUMENT CAN BE FOUND AT <http://uglpoa.org/beach/>

Rules are in place to keep our members and staff safe. Lifeguards are the authority on the beach and must be obeyed in order to keep all beachgoers from harm.

Water Safety Rules:

NO rocking the docks -Keep the docks level -Only lifeguard approved toys allowed on docks. (ie. small ball) -NO pushing each other off the docks -NO diving off the 8 foot dock -DO NOT swim or go under the docks -NO holding each other underwater -NO throwing sand -DO NOT swim outside the marked off swimming area -NO jumping onto each other -DO NOT go farther than you can stand with a floating device (children and adults) -DO NOT hang on the ropes -NO wrestling or rough housing in the water -Members who are parked outside the swimming area on a boat must park at the beach docks before being able to use the beach. There is NO swimming in from, or out to, a boat. -Swimmers must be able to swim to the docks by themselves (cannot have any help from another swimmer) 1. Children have to take a dock test before being allowed to go to the docks 2. Test for 8 foot dock- Freestyle to dock (no doggie paddle), kicks on their back, float on back and tread for 30 to 45 seconds. 3. Test for 15 foot dock - Freestyle to dock, backstroke, float on back and trend for 30 to 45 seconds

Beach Rules:

DO NOT touch the rock wall -All powered boats must park at the beach docks -Fishing equipment is NOT ALLOWED on the beach -Swim lanes are for swim lessons only unless otherwise posted -NO digging past the sand (no dirt should be showing) -NO standing on the wall in the pavilion -NO playing with the shower -NO changing diapers on the beach (must use bathroom) -Only guards at the lifeguard table -NO smoking on the beach -NO glass bottles -Coolers will be checked for glass and alcohol upon entering beach -NO alcohol. Patrons deemed "under the influence" will be asked to leave the premises immediately. -NO water balloons

- By checking this box, the undersigned permits their child to participate in TEEN BEACH NIGHT and hereby waives and releases the UGLPOA, its representatives, and employees from its responsibility of any and all injuries or liability resulting from participation*
- In the event of an emergency, I give consent for my child to receive emergency medical treatment as necessary*
- My child has read and agrees to abide by the rules and regulations of UGL Beach*
- I give permission for my child to be photographed and possibly featured on UGL Beach Instagram*

Parent/Guardian Signature/Date: _____